

Nutrition Facts

Serving Size 3 oz (84g)
 Servings Per Container about 6

Amount Per Serving	%Daily Value*
Calories 265 Calories from Fat 127	
Total Fat 16g	25%
Saturated Fat 3g	15%
Cholesterol 5mg	2%
Sodium 527mg	22%
Total Carbohydrate 24g	8%
Dietary Fiber 1g	4%
Sugars 7g	
Protein 9g	
Vitamin A 0% • Vitamin C 0%	
Calcium 0% • Iron 0%	

*Percent Daily Values are based on a diet of other people's secrets. Your daily values may be higher or lower depending on your catch record.

Total Fat	Cholesterol	Sodium	Total Carbohydrate	Dietary Fiber	Sugars	Protein
Less than 6.5g	Less than 20mg	Less than 240mg	Less than 36g	Less than 1g	Less than 5g	Less than 6g
6.5g-16g	20mg-59mg	240mg-526mg	36g-64g	1g-3g	5g-15g	6g-16g
16g-32g	59mg-149mg	526mg-1000mg	64g-128g	3g-7g	15g-30g	16g-32g
32g-48g	149mg-238mg	1000mg-1474mg	128g-192g	7g-14g	30g-45g	32g-48g
48g-64g	238mg-327mg	1474mg-2000mg	192g-256g	14g-21g	45g-60g	48g-64g
64g-80g	327mg-416mg	2000mg-2474mg	256g-320g	21g-28g	60g-75g	64g-80g
80g-96g	416mg-505mg	2474mg-2948mg	320g-384g	28g-35g	75g-90g	80g-96g
96g-112g	505mg-594mg	2948mg-3422mg	384g-448g	35g-42g	90g-105g	96g-112g
112g-128g	594mg-683mg	3422mg-3896mg	448g-512g	42g-49g	105g-120g	112g-128g
128g-144g	683mg-772mg	3896mg-4370mg	512g-576g	49g-56g	120g-135g	128g-144g
144g-160g	772mg-861mg	4370mg-4844mg	576g-640g	56g-63g	135g-150g	144g-160g
160g-176g	861mg-950mg	4844mg-5318mg	640g-704g	63g-70g	150g-165g	160g-176g
176g-192g	950mg-1039mg	5318mg-5792mg	704g-768g	70g-77g	165g-180g	176g-192g
192g-208g	1039mg-1128mg	5792mg-6266mg	768g-832g	77g-84g	180g-195g	192g-208g
208g-224g	1128mg-1217mg	6266mg-6740mg	832g-896g	84g-91g	195g-210g	208g-224g
224g-240g	1217mg-1306mg	6740mg-7214mg	896g-960g	91g-98g	210g-225g	224g-240g
240g-256g	1306mg-1395mg	7214mg-7688mg	960g-1024g	98g-105g	225g-240g	240g-256g
256g-272g	1395mg-1484mg	7688mg-8162mg	1024g-1088g	105g-112g	240g-255g	256g-272g
272g-288g	1484mg-1573mg	8162mg-8636mg	1088g-1152g	112g-119g	255g-270g	272g-288g
288g-304g	1573mg-1662mg	8636mg-9110mg	1152g-1216g	119g-126g	270g-285g	288g-304g
304g-320g	1662mg-1751mg	9110mg-9584mg	1216g-1280g	126g-133g	285g-300g	304g-320g
320g-336g	1751mg-1840mg	9584mg-10058mg	1280g-1344g	133g-140g	300g-315g	320g-336g
336g-352g	1840mg-1929mg	10058mg-10532mg	1344g-1408g	140g-147g	315g-330g	336g-352g
352g-368g	1929mg-2018mg	10532mg-11006mg	1408g-1472g	147g-154g	330g-345g	352g-368g
368g-384g	2018mg-2107mg	11006mg-11480mg	1472g-1536g	154g-161g	345g-360g	368g-384g
384g-400g	2107mg-2196mg	11480mg-11954mg	1536g-1600g	161g-168g	360g-375g	384g-400g
400g-416g	2196mg-2285mg	11954mg-12428mg	1600g-1664g	168g-175g	375g-390g	400g-416g
416g-432g	2285mg-2374mg	12428mg-12902mg	1664g-1728g	175g-182g	390g-405g	416g-432g
432g-448g	2374mg-2463mg	12902mg-13376mg	1728g-1792g	182g-189g	405g-420g	432g-448g
448g-464g	2463mg-2552mg	13376mg-13850mg	1792g-1856g	189g-196g	420g-435g	448g-464g
464g-480g	2552mg-2641mg	13850mg-14324mg	1856g-1920g	196g-203g	435g-450g	464g-480g
480g-496g	2641mg-2730mg	14324mg-14798mg	1920g-1984g	203g-210g	450g-465g	480g-496g
496g-512g	2730mg-2819mg	14798mg-15272mg	1984g-2048g	210g-217g	465g-480g	496g-512g
512g-528g	2819mg-2908mg	15272mg-15746mg	2048g-2112g	217g-224g	480g-495g	512g-528g
528g-544g	2908mg-2997mg	15746mg-16220mg	2112g-2176g	224g-231g	495g-510g	528g-544g
544g-560g	2997mg-3086mg	16220mg-16694mg	2176g-2240g	231g-238g	510g-525g	544g-560g
560g-576g	3086mg-3175mg	16694mg-17168mg	2240g-2304g	238g-245g	525g-540g	560g-576g
576g-592g	3175mg-3264mg	17168mg-17642mg	2304g-2368g	245g-252g	540g-555g	576g-592g
592g-608g	3264mg-3353mg	17642mg-18116mg	2368g-2432g	252g-259g	555g-570g	592g-608g
608g-624g	3353mg-3442mg	18116mg-18590mg	2432g-2496g	259g-266g	570g-585g	608g-624g
624g-640g	3442mg-3531mg	18590mg-19064mg	2496g-2560g	266g-273g	585g-600g	624g-640g
640g-656g	3531mg-3620mg	19064mg-19538mg	2560g-2624g	273g-280g	600g-615g	640g-656g
656g-672g	3620mg-3709mg	19538mg-20012mg	2624g-2688g	280g-287g	615g-630g	656g-672g
672g-688g	3709mg-3798mg	20012mg-20486mg	2688g-2752g	287g-294g	630g-645g	672g-688g
688g-704g	3798mg-3887mg	20486mg-20960mg	2752g-2816g	294g-301g	645g-660g	688g-704g
704g-720g	3887mg-3976mg	20960mg-21434mg	2816g-2880g	301g-308g	660g-675g	704g-720g
720g-736g	3976mg-4065mg	21434mg-21908mg	2880g-2944g	308g-315g	675g-690g	720g-736g
736g-752g	4065mg-4154mg	21908mg-22382mg	2944g-3008g	315g-322g	690g-705g	736g-752g
752g-768g	4154mg-4243mg	22382mg-22856mg	3008g-3072g	322g-329g	705g-720g	752g-768g
768g-784g	4243mg-4332mg	22856mg-23330mg	3072g-3136g	329g-336g	720g-735g	768g-784g
784g-800g	4332mg-4421mg	23330mg-23804mg	3136g-3200g	336g-343g	735g-750g	784g-800g
800g-816g	4421mg-4510mg	23804mg-24278mg	3200g-3264g	343g-350g	750g-765g	800g-816g
816g-832g	4510mg-4599mg	24278mg-24752mg	3264g-3328g	350g-357g	765g-780g	816g-832g
832g-848g	4599mg-4688mg	24752mg-25226mg	3328g-3392g	357g-364g	780g-795g	832g-848g
848g-864g	4688mg-4777mg	25226mg-25700mg	3392g-3456g	364g-371g	795g-810g	848g-864g
864g-880g	4777mg-4866mg	25700mg-26174mg	3456g-3520g	371g-378g	810g-825g	864g-880g
880g-896g	4866mg-4955mg	26174mg-26648mg	3520g-3584g	378g-385g	825g-840g	880g-896g
896g-912g	4955mg-5044mg	26648mg-27122mg	3584g-3648g	385g-392g	840g-855g	896g-912g
912g-928g	5044mg-5133mg	27122mg-27596mg	3648g-3712g	392g-399g	855g-870g	912g-928g
928g-944g	5133mg-5222mg	27596mg-28070mg	3712g-3776g	399g-406g	870g-885g	928g-944g
944g-960g	5222mg-5311mg	28070mg-28544mg	3776g-3840g	406g-413g	885g-900g	944g-960g
960g-976g	5311mg-5400mg	28544mg-29018mg	3840g-3904g	413g-420g	900g-915g	960g-976g
976g-992g	5400mg-5489mg	29018mg-29492mg	3904g-3968g	420g-427g	915g-930g	976g-992g
992g-1008g	5489mg-5578mg	29492mg-29966mg	3968g-4032g	427g-434g	930g-945g	992g-1008g
1008g-1024g	5578mg-5667mg	29966mg-30440mg	4032g-4096g	434g-441g	945g-960g	1008g-1024g
1024g-1040g	5667mg-5756mg	30440mg-30914mg	4096g-4160g	441g-448g	960g-975g	1024g-1040g
1040g-1056g	5756mg-5845mg	30914mg-31388mg	4160g-4224g	448g-455g	975g-990g	1040g-1056g
1056g-1072g	5845mg-5934mg	31388mg-31862mg	4224g-4288g	455g-462g	990g-1005g	1056g-1072g
1072g-1088g	5934mg-6023mg	31862mg-32336mg	4288g-4352g	462g-469g	1005g-1020g	1072g-1088g
1088g-1104g	6023mg-6112mg	32336mg-32810mg	4352g-4416g	469g-476g	1020g-1035g	1088g-1104g
1104g-1120g	6112mg-6201mg	32810mg-33284mg	4416g-4480g	476g-483g	1035g-1050g	1104g-1120g
1120g-1136g	6201mg-6290mg	33284mg-33758mg	4480g-4544g	483g-490g	1050g-1065g	1120g-1136g
1136g-1152g	6290mg-6379mg	33758mg-34232mg	4544g-4608g	490g-497g	1065g-1080g	1136g-1152g
1152g-1168g	6379mg-6468mg	34232mg-34706mg	4608g-4672g	497g-504g	1080g-1095g	1152g-1168g
1168g-1184g	6468mg-6557mg	34706mg-35180mg	4672g-4736g	504g-511g	1095g-1110g	1168g-1184g
1184g-1200g	6557mg-6646mg	35180mg-35654mg	4736g-4800g	511g-518g	1110g-1125g	1184g-1200g
1200g-1216g	6646mg-6735mg	35654mg-36128mg	4800g-4864g	518g-525g	1125g-1140g	1200g-1216g
1216g-1232g	6735mg-6824mg	36128mg-36602mg	4864g-4928g	525g-532g	1140g-1155g	1216g-1232g
1232g-1248g	6824mg-6913mg	36602mg-37076mg	4928g-4992g	532g-539g	1155g-1170g	1232g-1248g
1248g-1264g	6913mg-7002mg	37076mg-37550mg	4992g-5056g	539g-546g	1170g-1185g	1248g-1264g
1264g-1280g	7002mg-7091mg	37550mg-38024mg	5056g-5120g	546g-553g	1185g-1200g	1264g-1280g
1280g-1296g	7091mg-7180mg	38024mg-38498mg	5120g-5184g	553g-560g	1200g-1215g	1280g-1296g
1296g-1312g	7180mg-7269mg	38498mg-38972mg	5184g-5248g	560g-567g	1215g-1230g	1296g-1312g
1312g-1328g	7269mg-7358mg	38972mg-39446mg	5248g-5312g	567g-574g	1230g-1245g	1312g-1328g
1328g-1344g	7358mg-7447mg	39446mg-39920mg	5312g-5376g	574g-581g	1245g-1260g	1328g-1344g
1344g-1360g	7447mg-7536mg	39920mg-40394mg	5376g-5440g	581g-588g	1260g-1275g	1344g-1360g
1360g-1376g	7536mg-7625mg	40394mg-40868mg	5440g-5504g	588g-595g	1275g-1290g	1360g-1376g
1376g-1392g	7625mg-7714mg	40868mg-41342mg	5504g-5568g	595g-602g	1290g-1305g	1376g-1392g
1392g-1408g	7714mg-7803mg	41342mg-41816mg	5568g-5632g	602g-609g	1305g-1320g	1392g-1408g
1408g-1424g	7803mg-7892mg	41816mg-42290mg	5632g-5696g	609g-616g	1320g-1335g	1408g-1424g
1424g-1440g	7892mg-7981mg	42290mg-42764mg	5696g-5760g	616g-623g	1335g-1350g	1424g-1440g
1440g-1456g	7981mg-8070mg	42764mg-43238mg	5760g-5824g	623g-630g	1350g-1365g	1440g-1456g
1456g-1472g	8070mg-8159mg	43238mg-43712mg	5824g-5888g	630g-637g	1365g-1380g	1456g-1472g
1472g-1488g	8159mg-8248mg	43712mg-44186mg	5888g-5952g	637g-644g	1380g-1395g	1472g-1488g
1488g-1504g	8248mg-8337mg	44186mg-44660mg	5952g-6016g	644g-651g	1395g-1410g	1488g-1504g
1504g-1520g	8337mg-8426mg	44660mg-45134mg	6016g-6080g	651g-658g	1410g-1425g	1504g-1520g
1520g-1536g	8426mg-8515mg	45134mg-45608mg	6080g-6144g	658g-665g	1425g-1440g	1520g-1536g
1536g-1552g	8515mg-8604mg	45608mg-46082mg	6144g-6208g	665g-672g	1440g-1455g	1536g-1552g</